



**Hanseatic**  
Rückenzentrum  
HOLDING AG

Business description

## Hanseatic Rückenzentrum Holding AG

The Hanseatic Rückenzentrum Holding AG was founded 2000. It is operated by the 2 CEOs Dr. Mallwitz and Dr. Marnitz. From its founding place in Hamburg, the Hanseatic Rückenzentrum Holding AG has developed various Spine Centers in Germany, including centers in Hamburg, Berlin, Bremen and Bonn. These Centers provide medical as well as rehabilitation, prevention

and occupational services. One focus of the work is the operation of multidisciplinary multimodal day units and rehabilitation centers for patients with muscular skeletal disorders and chronic pain syndromes. The Hanseatic Rückenzentrum Holding AG is the largest provider of this specialized treatment in Germany.

# Services provided by the Hanseatic Rückenzentrum Holding AG

The Hanseatic Rückenzentrum Holding AG provides a whole range of services to the public, individual patients and companies regarding the diagnostic, treatment, rehabilitation and prevention of chronic pain and muscular skeletal disorders.

## Medical Services

### Medical doctors

- Orthopedic surgeons
- Physiatrists
- Anesthesiologists
- Pain specialist
- Specialist Manual Medicine/Osteopathy
- Specialist Sport medicine
- Specialist Palliative Care

### Services offered

- Outpatient care
- Day unit care
- Diagnostic
  - Specialized diagnostic of muscular skeletal problems
  - Radiology
  - Sonography
  - Interventional diagnostic
  - Occupational diagnostic
  - Functional diagnostic
  - Multidisciplinary diagnostic
- Therapy
  - Manual Medicine/Osteopathy
  - Interventional Therapy
  - Medical Therapy (e.g. pain, osteoporosis, depression)
  - Patient education
  - Planning, supervision and prescription of functional treatment/rehabilitation programs
  - Multimodal complex pain therapy programs (different intensities and contents according to the patient's medical problem)
  - Rehabilitation
  - Prevention and occupational services
  - Special clinics for diagnostic and treatment of osteoporosis

## Psychological Services

### Psychologists

- Specialized in chronic pain diagnostic and treatment
- Behavioral Therapy

### Services offered

- Outpatient care
- Day unit care
- Diagnostic
  - Psychotherapeutic exploration
  - Standardized psychological testing
  - Multimodal interdisciplinary diagnostic
- Therapy
  - Individual therapy (short term, long term)
  - Group therapy
  - Psychological pain therapy
  - Patient education

## Functional Therapy (Physiotherapy, Training Therapy)

### Physiotherapists and sport therapists, specialized in

- Manual Therapy
- Osteopathy
- Neurophysiological Physiotherapy
- Training therapy
- Diagnostic and therapy of the deep stabilizing system

### Services offered

- Outpatient care
- Day Unit care
- Prevention programs
- Special clinics for osteoporosis, pelvic floor disorders
- Individual Therapy (e.g. Manual Therapy, Osteopathy, supervision of training, training of the deep stabilizing system, patient education)
- Group therapy (education, programs for development self-efficacy, training)
- Functional diagnostic (manual, machine based, sonography)

All the diagnostic and therapeutic procedures undergo a continuous scientific evaluation in order to secure quality and patient outcome. We further provide education to professionals and continuously invest in the development of our staff.

We regularly present our results in national and international papers and on scientific conferences. For the scientific work we cooperate with German universities (e.g. Hamburg, Jena)

## Business Cooperation

The Spine Centers have a broad range of partners. The medical services provided by the spine centers get paid for by:

### **Patients directly**

- all services

### **Private Medical Insurance Companies**

- all services

### **Public medical Insurance Companies**

- Physiotherapy
- Training Therapy

### **Contracts with a broad range of public medical insurance companies**

- multimodal interdisciplinary diagnostic
- multimodal interdisciplinary therapy
- day unit treatment

### **Companies e.g. Daimler, German Telekom, Unilever, ExxonMobil, Vattenfall**

- medical service
- functional therapy
- prevention
- occupational services

Furthermore the Spine Centers operate day units and physiotherapy/rehabilitation departments in cooperation with large Hospitals:

- Asclepios Hospital St Georg Hamburg (in operation)
- Schön Clinic Hamburg (start 01.01.2017)
- Hospital Vienna (in development)

## Facilities and Staff

The Hanseatic Spine Center Holding AG operates various centers in Germany. The largest centers are in Berlin and Hamburg. Smaller Centers are located in Bonn and Bremen.

The Centers in Berlin and Hamburg include

- Medical outpatient departments
- Day Units
- Physiotherapy/Training Therapy Units
- Prevention/Occupational Units
- Rehabilitation

The smaller offer medical services, physio- and training therapy as well as prevention and occupational services.

In total 170 employees work for the Hanseatic Rückenzentrum Holding AG:

- Medical Doctors
- Psychologists
- Physiotherapists
- Training Therapists
- Nurses
- Administration staff

The Spine Centers in Hamburg and Berlin are located in the heart of the cities. They provide their services in modern buildings on 2500 m<sup>2</sup> in Hamburg and 1100 m<sup>2</sup> in Berlin.

The facilities include

- Doctors' offices
- Rooms for interventional Therapies and Diagnostic
- Therapy rooms for individual physiotherapy
- Therapy rooms for psychotherapy
- Seminar rooms for staff and patients
- Group training rooms
- Machine based training
- Gymnastic rooms
- Service rooms
- Waiting area
- Lounges and relaxation rooms

All rooms are equipped with modern technology and IT-Services

# Gallery



Reception Hamburg



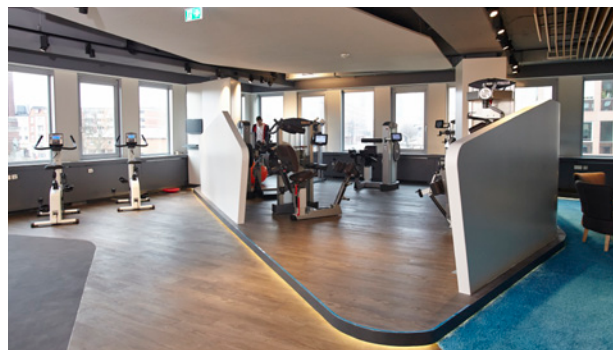
Waiting room



Doctor's office



Physiotherapy treatment room



Training area



Training area

## Contact

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